

PALLIATIVE CARE SOUTH AUSTRALIA STRATEGIC PLAN 2020-2022

Vision

All South Australians facing death and bereavement are supported to live, die and grieve well

Mission

Promote quality palliative care and access for ALL South Australians through advocacy, information provision and education to build community capacity and service responsiveness.

Values

- Acceptance of death as a natural part of life
- Courage to discuss death, dying and bereavement in our community
- Respect - offer and encourage understanding and respect for the diversity of beliefs and practices of those who are facing death and bereavement
- Equity - enhancing the distribution of services according to need
- Inclusion – engagement with diverse organisations and communities to achieve our vision and mission

Targeted groups

The groups targeted within the Strategic Plan 2020 – 2022 are: - ageing people and aged care programs, consumers and carers, country SA residents and services, the workforce, GP's, Aboriginal people and people from Culturally and Linguistically Diverse (CALD) communities.

PCSA recognises that there are many more groups that have less access to palliative care and will continue to gather information on these issues and work to increase their priority within future iterations of the PCSA Strategic Plan.

	1 Leadership	2 Community Engagement	3 Education		4 Advocacy
Descriptor	Developing positions to influence decision making and practices for quality palliative care delivery	Engaging with the community in conversations about death and dying	Providing training programs that build capacity in the health workforce and the wider community.		Advancing the quality and accessibility of palliative care in all sectors across South Australia
Objectives	<p>Remain up to date with trends and data and relevant research to inform the palliative care position (internal)</p> <p>Establish and sustain effective partnerships and collaborations</p> <p>Develop PCSA positions in consultation with key stakeholders that can be externally communicated</p>	<p>Build awareness of the scope and purpose of palliative care and increasing death literacy</p> <p>Encourage timely conversations within family and friends about death and dying</p> <p>Actively consult with stakeholders re issues relating to palliative care</p>	<p>Educate the community about the process of advance care planning and the preparation of ACDs</p> <p>Increase the knowledge and capacity of the health workforce about Advance Care Planning and the implementation of ACDs</p>	<p>Provide training to the primary health and community service workforce to support palliative care</p> <p>Improve the capacity of general health and specialist providers to deliver palliative care</p>	<p>Increase the funding levels for palliative care services across SA</p> <p>Improve equity in the distribution of resources</p> <p>Promote excellence in palliative care</p>

	1 Leadership	2 Community Engagement	3 Education		4 Advocacy
			Advance Care Planning	Workforce	
Strategic Actions	Aged Care				
	<p>Develop a position statement on palliative care in aged care settings.</p> <p>Lead conversations between aged and palliative care sectors regarding the palliative care issue raised in the Interim Report from the Royal Commission into Aged Care Quality and Safety</p>		<p>Deliver ACD workshops in Aged Care</p> <p>Develop a model for ACD discussions with Family members</p>	<p>Develop submissions to deliver an Aged Care workforce training program parallel to PEPA</p>	
	Building Sustainability				
	<p>Build the PCSA membership and the broader profile of PCSA by leading discussions on palliative care across SA</p> <p>Strengthen existing partnerships with key organisations in SA</p> <p>Expand the number of effective partnerships with PCSA</p>	<p>Continue to build connections between PCSA and consumers and carers in order to increase awareness of palliative care and expand death literacy</p> <p>Engage consumers and carers to better understand their awareness of and experience in palliative care services & then where possible involve them in co-design processes.</p>	<p>Promote earlier Advance Care Planning for individuals and families within services</p>	<p>Deliver training for health and community services workers including GP's.</p>	<p>Continue to advocate for increased funding for palliative care services</p> <p>Engage with politicians from all parties for the 2022 SA election</p> <p>In conjunction with PCA, design and implement a campaign linking with SA politicians for the 2022 Federal election</p> <p>Target PC conversations with politicians by having consumers / carers meet with them to raise awareness.</p>

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			Advance Care Planning	Workforce	
Strategic Actions	Sector development				
	<p>Champion the increase of PC services in country SA</p> <p>Deliver 2020 and 2022 biennial PCSA Conference</p> <p>Play a lead role in the SA Palliative Care Clinical Network and its Steering Committee</p> <p>Lead a forum on Voluntary Assisted Dying</p>	<p>Develop effective tools for community engagement – website, forums, videos</p> <p>Deliver Courageous Conversations in the community</p>	<p>Track any changes in ACD legislation</p>	<p>Develop effective evaluation tools and implement Continuous Quality Improvement processes for training, forums and workshops.</p> <p>As PCSA continues to deliver PEPA as part of workforce development, continue to review PCSA's capacity to expand training delivery in contrast to championing other partners/training organisations.</p>	<p>Develop partnerships and advocate so that more GPs & Specialist PC services work together to provide palliative care.</p> <p>Source and promote baseline data and research to identify inequity in access across urban, regional, rural and remote communities.</p> <p>Use the results to inform position statements and advocacy.</p> <p>Develop a Friends of Palliative Care in the SA Parliament using the framework of the Federal Friends program</p>
	Aboriginal Community Engagement				
		<p>Engage with Aboriginal organisations and community groups to determine what resources are available for delivery of training in death literacy and palliative care.</p>		<p>Education and awareness about palliative care available to Aboriginal communities / service providers using co-design / culturally appropriate materials and processes.</p>	

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Strategic Actions	Aboriginal Community Engagement <i>continued</i>				
		<p>Work with the Australian General Practice Accreditation Limited on the design and delivery of culturally appropriate Train the Trainer materials for Aboriginal Health Workers in Australia.</p> <p>Where required, co-design culturally appropriate materials for Aboriginal peoples & CALD communities.</p>			
	CALD Community Engagement				
		<p>With the support of the PCSA Patron during National Palliative Care Week 2020, engage with Culturally and Linguistically Diverse (CALD) organisations and community groups to determine what resources are available for delivery of training in death literacy and palliative care.</p>		<p>Education and awareness about palliative care available to CALD communities/service providers using co-design/culturally appropriate materials and processes.</p>	